Explore and Discover Map

Go on an adventure and use your senses to explore our Gardens.

These are some of our favourite spots, but you might discover some of your own!

Play... I Spy or maybe just roll down the hill?

Touch... some different tree bark here.

Listen... to grasses rustling in the wind.

Smell... different flowers and use your nose to explore.

Look... at the view, is it the same all year?

Relax... in a quiet spot and enjoy nature.

* Please note this is the only step free access to benches looking out over the South Downs

1 Museum and Café
2 Conservatory
3 Sunken garden
4 Display garden
5 Nature trail
6 Meadow field
7 Sound garden
8 Bandstand
9 Bandstand terrace
10 Pavilion
11 Dutch barn
12 Animal walk
13 South downs
14 Prehistoric garden
15 Butterfly house

▲ Pedestrian entrances
You can use your **senses** to **explore** our Gardens all year long. Look out for markers that highlight what’s growing and changing in the Gardens at different times of the year.

<table>
<thead>
<tr>
<th>What did you do in:</th>
<th>Spring</th>
<th>Summer</th>
<th>Autumn</th>
<th>Winter</th>
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</thead>
</table>

**I saw ...**
- Did you measure your shadow using the sundial on the hill? Is it longer or shorter at different times of the year?

**I heard ...**
- What did you hear in different parts of the Gardens?
- Where was the best place to hear birds/insects/wind?

**I touched ...**
- Did you touch anything prickly/smooth/lumpy/furry?
- Take off your shoes and feel the grass between your toes.

**I felt ...**
- Find somewhere to sit or lie down, close your eyes if you want.
- Try not to chat and think about what’s around you.

**I played ...**
- Hunt for natural treasures (conkers or leaves) on the ground
- Make up a story about the animals you see in the Gardens

**I smelt ...**
- Gently rub a leaf between your fingertips, then bring them up to your nose. What can you smell?